

**Kay Hamblin** – Eight Legal  
**James Cronin** – Eight Legal Ltd  
**Su Porter-Scott** – Respond Training  
**Victoria Lukins** – Healthy Workplaces Gloucestershire  
**Camille Patricot** – Clockwise Offices  
**Tom Beasley** – Active Gloucestershire  
**Jenny Powell** – Stagecoach

eight legal

Wednesday 19 May, 9:30am

## Mental Health & The Ethical Workplace

Mental health, well-being and business values and ethics are all hot topics for discussion, but how do they relate to each other? An ethical workplace will go beyond mere compliance in trying to create a healthy, happy workforce, but this needs to be more than a few nice 'extras' like fresh fruit and yoga. What are the fundamentals you need to address to ensure your people are positive and engaged? How do the values and culture of your business impact on the well-being of your team? Where do your responsibilities as an employer end and what about the impact of the Covid-19 pandemic? Join us to discuss all this & more, to share best practice tips & ideas, and to learn about the Gloucestershire Healthy Workplaces initiative.



### Kay Hamblin

Kay developed a fascination with people dynamics during her years as a practicing vet. As part of Eight Legal, she has been supporting businesses with HR & people development for about ten years. She received her Master's in Business & Organisational Psychology from the University of Liverpool in 2019, and combines this expertise with HR experience to help businesses get the best out of their people. She has a particular interest in resilience, self-efficacy and Mindsets and how these relate to workplace well-being and engagement.



Book your tickets for this event

<https://mental-health-the-ethical-workplace.eventbrite.co.uk>

